

American Karate of Oklahoma



2026 Class Schedule

Winter Session (10 weeks)

- January 6 – March 20
 - Kids classes end March 13
- Tournament: February 28
- Rank Testing (kids class): March 10 or 13

Spring Session (10 weeks)

- March 24 – May 29
- Tournament: May 9
- Rank Testing (kids class): May 19 or 22

Summer Session (kids: 11 weeks; adults: 13 weeks)

- June 2 – August 28
 - Kids classes end August 14
- Tournament: August 1
- Rank Testing (kids class): August 11 or 14

Fall Session (kids: 11 weeks; adults 12 weeks)

- September 1 – November 24
- Tournament: November 7
- Rank Testing (kids class): November 17 or 20

Kids Class - Stranger Danger (3 weeks)

This is a fun and interactive class teaching students to identify strangers and basic self-defense techniques to escape a worst-case scenario.

- December 1 – 18 (regular class time)

Adult Class - Holiday Season (3 weeks)

- December 1 – 18 (regular class time)

Kids Class (ages 5-12)

- Tuesdays and/or Fridays
- 5:00 – 6:00 pm

Adult Class (ages 12+)

- Tuesdays and/or Fridays
- Tuesday: 6:05 – 7:05 pm
- Fridays: 6:05 – 8:00 pm
 - Typically, only meets 2nd and 4th Fridays of the month
 - See schedule for exact dates

Unless otherwise announced, classes and events will be held in the Trinity Baptist Church gym: 801 N Peters Ave, Norman 73069.

Class Costs

- Regular sessions: \$60/student or \$120 family maximum
- Rank tests: \$15 per student
- Tournaments: \$15 per student
- Stranger Danger: \$20/student or \$40 family maximum
- December adult session: \$20/student or \$40 family maximum

AKO 2026 Class Schedule

Winter 2026 Session

January

	Week 1	Week 2	Week 3	Week 4
Tuesday	<i>Jan 6</i>	<i>Jan 13</i>	<i>Jan 20</i>	<i>Jan 27</i>
	Kids: 5-6 Adults: 6:15-7:05	Kids: 5-6 Adults: 6:15-7:05	Kids: 5-6 Adults: 6:15-7:05	Cancelled due to snow ❄️
Friday	<i>Jan 9</i>	<i>Jan 16[†]</i>	<i>Jan 23</i>	<i>Jan 30[†]</i>
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:15-8	Cancelled due to snow ❄️	Kids: 5-6 Adults: 6:15-8

February

	Week 5	Week 6	Week 7	Week 8
Tuesday	<i>Feb 3</i>	<i>Feb 10</i>	<i>Feb 17</i>	<i>Feb 24</i>
	Kids: 5-6 Adults: 6:15-7:05	Kids: 5-6 Adults: 6:15-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Feb 6</i>	<i>Feb 13</i>	<i>Feb 20</i>	<i>Feb 27</i>
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8

March

	Week 9	Week 10	Tournament & Tests
Tuesday	<i>Mar 3</i>	<i>Mar 10</i>	 Kids rank testing: week of Mar 10  Tournament: Feb 28 -- 9:30 to noon -- Trinity Baptist gym
	Kids: 5-6* Adults: 6:05-7:05	Kids: 5-6* Adults: 6:05-7:05	
Friday	<i>Mar 6</i>	<i>Mar 13</i>	
	Kids: 5-6* Adults: —	Kids: 5-6* Adults: 6:05-8	

Spring Break – March 16-20 – no kids class this week, and adult class is scheduled both Tuesday and Friday.

*Kids class: technique review the week before rank testing

[†]Adult Friday class on 1st, 3rd, or 5th Friday

AKO 2026 Class Schedule

Spring 2026 Session

March

	Week 1	Week 2
Tuesday	<i>Mar 24</i>	<i>Mar 31</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Mar 27</i>	<i>Apr 3</i>
	Kids: 5-6 Adults: —	Good Friday No classes

 Karate Camp for the Adult Class will be the weekend of March 27-29. Camp details will be provided a few weeks before camp.

April

	Week 3	Week 4	Week 5	Week 6
Tuesday	<i>Apr 7</i>	<i>Apr 14</i>	<i>Apr 21</i>	<i>Apr 28</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Apr 10</i>	<i>Apr 17[†]</i>	<i>Apr 24</i>	<i>May 1[†]</i>
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8

May

	Week 7	Week 8	Week 9	Week 10
Tuesday	<i>May 5</i>	<i>May 12</i>	<i>May 19</i>	<i>May 26</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6* Adults: 6:05-7:05	Kids: 5-6* Adults: 6:05-7:05	(tentative) Kids: 5-6 Adults: 6:05-7:05
Friday	<i>May 8</i>	<i>May 15[†]</i>	<i>May 22</i>	<i>May 29[†]</i>
	Kids: 5-6 Adults: —	Kids: 5-6* Adults: 6:05-8	Kids: 5-6* Adults: —	(tentative) Kids: 5-6 Adults: 6:05-8

Tournament & Tests



Kids rank testing: week of May 19



Tournament: May 9

-- 9:30 to noon

-- Trinity Baptist gym

*Kids class: technique review the week before rank testing

[†]Adult Friday class on 1st, 3rd, or 5th Friday

Updated: 2/11/2026

AKO 2026 Class Schedule

Summer 2026 Session

June

	Week 1	Week 2	Week 3	Week 4
Tuesday	<i>Jun 2</i>	<i>Jun 9</i>	<i>Jun 16</i>	<i>Jun 23</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Jun 5</i>	<i>Jun 12</i>	<i>Jun 19</i>	<i>Jun 26</i>
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8

July

	Week 5	Week 6	Week 7	Week 8
Tuesday	<i>Jun 30</i>	<i>Jul 7</i>	<i>Jul 14</i>	<i>Jul 21</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Jul 3[†]</i>	<i>Jul 10</i>	<i>Jul 17[†]</i>	<i>Jul 24</i>
	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —

	Week 9
Tuesday	<i>Jul 28</i>
	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Jul 31[†]</i>
	Kids: 5-6 Adults: 6:05-8

Tournament & Tests
 Kids rank testing: week of Aug 11
 Tournament: Aug 1 -- Time TBA (it will be a morning event) -- Trinity Baptist gym

August

	Week 10	Week 11	Week 12	Week 13
Tuesday	<i>Aug 4</i>	<i>Aug 11</i>	<i>Aug 18</i>	<i>Aug 25</i>
	Kids: 5-6* Adults: 6:05-7:05	Kids: 5-6* Adults: 6:05-7:05	Kids: no class Adults: 6:05-7:05	Kids: no class Adults: 6:05-7:05
Friday	<i>Aug 7</i>	<i>Aug 14</i>	<i>Aug 21</i>	<i>Aug 28</i>
	Kids: 5-6* Adults: —	Kids: 5-6* Adults: 6:05-8	No classes	Kids: no class Adults: 6:05-8

*Kids class: technique review the week before rank testing

Updated: 2/11/2026

[†]Adult Friday class on 1st, 3rd, or 5th Friday

AKO 2026 Class Schedule

Fall 2026 Session

September

	Week 1	Week 2	Week 3	Week 4
Tuesday	Sep 1	Sep 8	Sep 15	Sep 22
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	Sep 4	Sep 11	Sep 18	Sep 25
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8

October

	Week 5	Week 6	Week 7	Week 8
Tuesday	Sep 29	Oct 6	Oct 13	Oct 20
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	Oct 2	Oct 9	Oct 16	Oct 23
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8

	Week 9
Tuesday	Oct 27
	Kids: 5-6 Adults: 6:05-7:05
Friday	Oct 30 [†]
	Kids: 5-6 Adults: 6:05-8

 Kids rank testing: week of Nov 17  Tournament: Nov 7 -- Time TBA (it will be a morning event) -- Trinity Baptist gym  Adult Class Camp: TBA (likely Nov 6-8)

November

	Week 10	Week 11	Week 12	Week --
Tuesday	Nov 3	Nov 10	Nov 17	Nov 24
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6* Adults: 6:05-7:05	Kids: 5-6* Adults: 6:05-7:05	Kids: no class Adults: TBD
Friday	Nov 6	Nov 13	Nov 20	Nov 27
	Kids: 5-6 Adults: —	Kids: 5-6* Adults: 6:05-8	Kids: 5-6* Adults: —	No classes

*Kids class: technique review the week before rank testing

[†]Adult Friday class on 1st, 3rd, or 5th Friday

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AKO 2026 Class Schedule

Stranger Danger & Adult 2026 Holiday Season **tentative**

December

	Week 1	Week 2	Week 3	Week 4
Tuesday	<i>Dec 1</i>	<i>Dec 8</i>	<i>Dec 15</i>	<i>Dec 22</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Church closed No classes
Friday	<i>Dec 4</i>	<i>Dec 11</i>	<i>Dec 18[†]</i>	<i>Dec 25</i>
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: 6:05-8	Christmas Day No classes

	Week 5
Tuesday	<i>Dec 29</i>
	No classes
Friday	<i>Jan 1</i>
	New Year's Day No classes

Winter 2027 Session **tentative**

January

	Week 1	Week 2	Week 3	Week 4
Tuesday	<i>Jan 5</i>	<i>Jan 12</i>	<i>Jan 19</i>	<i>Jan 26</i>
	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05	Kids: 5-6 Adults: 6:05-7:05
Friday	<i>Jan 8</i>	<i>Jan 15[†]</i>	<i>Jan 22</i>	<i>Jan 29[†]</i>
	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8	Kids: 5-6 Adults: —	Kids: 5-6 Adults: 6:05-8

**Kids class: technique review the week before rank testing*

[†]Adult Friday class on 1st, 3rd, or 5th Friday